



Champlain Regional Planning Table for Trans, Two Spirited, Intersexed and Gender Diverse Health Services

Meeting: April 10, 2017. 6 - 9pm

Location: Centretown CHC boardroom, 400 Cooper St., Ottawa

Present:

Community members:

Maëlys McArdle, Kaeden Seburn, Mel Thompson, and Patricia Vincent.

Rainbow Health Ontario: Devon McFarlane

Service Providers: Tammy DeGiovanni, CHEO; James Fahey, Champlain LHIN; Jane Fjeld, Youth Services Bureau of Ottawa (as lead agency for child and youth mental health); Stephanie Hemmerick, Seaway Valley CHC; David Hesidence, Royal Ottawa Mental Health Centre; Laurie Rektor, Family Services Ottawa, Simone Thibault, Centretown CHC (representing 6 Ottawa CHCs).

Erin Flemming, Project Coordinator

Regrets: Serena Rivard, Mikki Bradshaw, Benny Michaud, and Jaina Tinker.

Minutes:

1. **Welcome:** We acknowledge and honour that we hold this meeting on unceded Algonquin Territory. To be present on this land is an honour, a privilege and not a right.
2. **Approval of minutes of meeting March 20, 2017:**
 - Approved by all
3. **Review of draft report:**
 - Discussed the following statement from the draft report: *“Any service provider planning to review services or implement substantive changes to services for trans, two-spirit, intersex or gender diverse communities should ensure that equal representation from these communities are included in the process and have an equal say in the outcome”* In principle there is agreement for the statement, however in practice there are challenges. For the report, it was agreed to reword, focus on developing a shared framework for what ongoing/meaningful engagement will look like. Jane offered to send some language that may help.
 - Discussion around stabilizing, augmenting and protecting the services that are currently available before building capacity in new areas.
 - Idea to create a recommendation for a systems planner position-system planner changes the system/model of care. Once the system is put together, the planner takes on the

clinical piece. Positions like these are often filled by Psychologists. Planner could help in creating a hub and spoke model to care in the region. This planner could work for a funded planning table

- Revise recommendation on increasing access in rural areas to reflect the hub and spoke model and advocating for resources for training more medical doctors

ACTION:

- Table to submit any final edits they would like made to the report to Erin by April 18, 2017
- Erin to make final edits to the report

4. Introduction and conclusion to the report:

- Questions arose around whether we are giving enough information in the recommendations. Discussions revolved around articulating the ask. Idea to name the top three recommendations in the short term, medium term, and long term. What is cross cutting? What springs to the top? What do we need to 'nail first' /ensure happens? What is the minimum we should look at? Where do we start?
- System is fragile. Need to bring service providers and community members together to figure out how to stabilize existing services. Need to make sure rural is prioritized
- Organizations need to work better together to improve pathways
- **Decided** to create an executive summary for the report with the following, agreed upon, priority recommendations:
 - ✓ *Stabilize and augment existing services for trans, two-spirit, intersex, and gender diverse communities in the Champlain LHIN*
 - ✓ *Create a systems planner position*
 - ✓ *Improve pathways between service providers that currently deliver services to trans, two-spirit, intersex, and gender diverse communities*
 - ✓ *Build capacity and cultural competency for services for trans, two-spirit, intersex, and gender diverse communities across mainstream organizations*
 - ✓ *Build the service delivery system so that the trans, two-spirit, intersex, and gender diverse communities are engaged and a formalized part of the service delivery infrastructure*
 - ✓ *Expand and develop new services in key areas - Francophone and Indigenous*
 - ✓ *Build capacity for service delivery in rural areas. Develop dedicated services for trans, two-spirit, intersex, and gender diverse communities*
 - ✓ *Maintain a funded, regional planning table for trans, two-spirit, intersex, and gender diverse health services*

ACTION:

- Erin to write up Executive Summary for the report

5. Other business:

- Knowledge transfer beyond the Champlain LHIN



- ✓ Sam Bradd-estimate is \$2000 to create visual representation of work done by Table
 - ✓ Discuss further at April 24, 2017 meeting
 - Plan for April 24, 2017 meeting
 - ✓ Look at final report
 - ✓ RPT moving forward
 - ✓ Celebration
6. **Next meeting:**
- April 24, 2017