

Regional Planning Table Minutes

Zoom Meeting, June 16, 2021



1. Participation at the Meeting

Present:

Noah Parchment, community member
Karen Luyendyk, community member
Annie Chen, community member
Oliver Thorne, community member
Jonathan Schmidt, Family Services Ottawa
Lynsey James, Centretown Community Health Centre
Irena Druce, The Ottawa Hospital
Larissa Silver, Youth Services Bureau
Lisa Loeffen, CHEO
Stephanie Hemmerick, Seaway Valley Community Health Centre
Jeanne Thomas, Ontario Health East
Brittany Smyth, Family Services Ottawa
Fae Johnstone, Wisdom2Action
Lynne Tyler, Catalyst Research and Communications, facilitator

Regrets/Did not attend: Jesse Bosse, community member; Asha-Maria Bost, community member; Leyla Shahid, community member.

1. Welcome and Acknowledgement of Algonquin Territory

The RPT acknowledged that we were meeting (online) on the territory of the Algonquin people, and we reminded ourselves that many of us are guests here and to act, as much as possible, in accordance with local protocols.

2. Welcome to New Member

The RPT welcomed Jeanne Thomas, who is replacing Marcia Gibson as our contact from Ontario Health East. Jeanne spoke a little about her areas of focus and reminded that the Ontario Health East region is quite large, stretching from just east of the GTA to the Quebec border, and so she is not based in Ottawa. Fae and Jonathan will follow-up to provide an orientation to Jeanne.

3. Approval of September Minutes

The September 21, 2021 minutes were approved as circulated.

4. Guest from OSPN and Good Companions

Amanda Kristalovich is working with LGBTQ+ seniors at Good Companions and in collaboration with the Ottawa Seniors Pride Network. She shared a brief presentation outlining some of the current activities and programs underway, and there was discussion of possible collaborations with the RPT, including connecting trans youth with seniors in an intergenerational social exchange.

5. Membership

Karen reached out to Leyla to ask if she is still interested in being a member of the RPT, as she has not attended the last several meetings. There has been no response to date, and the RPT decided to leave one more month for her to respond.

The new representative from Ontario Health East is Jeanne Thomas, as noted above.

Karen reported a parent of a child currently in the health system has expressed interest in joining the RPT. As with other community members, Karen and Fae will interview this individual to explain the role and responsibilities and confirm that this is a good fit.

Fae shared the sad news that Jane Fjeld, a former member of the RPT and former Associate Executive Director at YSB, has suddenly and unexpectedly passed away. Larissa indicated she would inform the RPT of plans for an event to remember Jane.

6. Transgender Speciality Clinic

Irena updated the RPT that the new Transgender Specialty Clinic at The Ottawa Hospital plans to open in the new year. It is not intended that the clinic would have a primary care role, but rather would focus on complex cases and as a transition cushion for clients leaving CHEO, such as those not yet on a stable regime. There will be close collaboration with the clinic at Centretown CHC. The clinic will start with one afternoon a month, and then may be adjusted as needed. There was discussion about the challenges and supports to ensure clients have good support from a family doctor.

7. Selection and Orientation Process for New Members

Community members offered feedback and suggestions for the recruitment and orientation process:

- The face-to-face conversation with the selection committee was extremely helpful and made it easier to raise questions.
- Be more explicit about the time commitment.
- Be more clear about the honorarium and the invoicing process.
- Explain the acronyms used at the RPT, perhaps in a glossary.

No changes were suggested for the orientation for new service provider members.

8. Update from W2A

Fae provided an update on several areas of work by W2A:

- a) Community Advisory Table (CAT): many applications have been received and interviews are about to start, with a view to convening the first meeting before the end of November.
- b) Systems navigation and referral pathways: ongoing work
- c) Website: Fae will send a link for RPT members to review the rough version that is now up. Annie suggested a resource to ensure the website meets accessibility guidelines.
- d) Co-hosted training with Rainbow Health Ontario (RHO): five local participants attended the first session, including some from rural areas. Karen offered to follow up with participants to ensure they stay connected.
- e) Fae mentioned that a new team member from W2A will attend the next meeting, and will be taking on some responsibilities related to the RPT.

9. Preliminary Discussion on Priorities for 2022

RPT members shared some initial thoughts on possible priorities for the fiscal year 2022-2023:

- Primary care
- Pathways to care
- Community wrap-around services
- Website
- Feeding into / influencing the work of OHTs
- Community Advisory Table
- Reconciliation

10. Medical Records on Sex Markers

The Ottawa Hospital is updating how their e-records system collects data on sex markers, and it was suggested this might be an interesting model for other hospitals. Karen will explore their interest, and work with Fae to set up a zoom webinar for all interested hospitals and agencies.

11. Future Meetings

The RPT considered resuming in-person or hybrid meetings and decided to wait a while longer. If technology is a barrier for anyone joining the RPT in the meantime, we will problem-solve to ensure their participation.

Brittany reminded everyone of our regular meeting date of the third Tuesday of each month, starting with Tuesday November 16th.