

# Regional Planning Table Minutes

Zoom Meeting, November 15, 2022



## 1. Participation at the Meeting

### Present:

Jesse Bosse, community member  
Oliver Thorne, community member  
Asha-Maria Bost, community member  
Karen Luyendyk, community member  
Jonathan Schmidt, Family Services Ottawa  
Lynsey James, Centretown Community Health Centre  
Holly Brown, Centretown CXcommunity Health Centre  
Arlyn Belizaire, Ontario Health East  
Alex Tesolin, Wisdom2Action  
Fae Johnstone, Wisdom2Action  
Lynne Tyler, Catalyst Research and Communications, facilitator

**Regrets/Did not attend:** Noah Parchment, community member; Sarah King, community member; Stephanie Hemmerick, Seaway Valley Community Health Centre; Larissa Silver, Youth Services Bureau; James Demers, MAX Ottawa; Stephanie Carter, CHEO

## 1. Welcome and Acknowledgement of Algonquin Territory

The RPT acknowledged that we were meeting (online) on the unceded territory of the Algonquin nation, and we reminded ourselves that many of us are guests here and to act, as much as possible, in accordance with local protocols.

It was noted that the RPT did not have a quorum present and consequently any decisions would need to be ratified by a sufficient number of absent members by e-mail.

## 2. Minutes

The minutes of the October meeting of the RPT were adopted as circulated.

## 3. Check-in

At the last meeting, it was decided to have a check-in to see how everyone was feeling about the RPT. It was noted that many people are very tired and over-extended, and this is part of the explanation for the sporadic attendance at recent meetings. However, the discussion also produced several ideas for improvement that will be considered more thoroughly at a future meeting. These include:

- Reach out individually to community members on the RPT and to CAT members to see if people are interested in remaining. Based on what we hear, consider a new round of recruitment in February and March.
- Explain what the RPT is and does, and what is involved in being on the RPT, to the community more broadly, through a modest public information campaign, maybe an open meeting, etc.
- Create project teams to work on specific tasks and projects as appropriate. We need to be careful about not creating more work for W2A in coordinating these tasks, because the existing workplan already has a lot in it. If we went this route, it might allow us to meet every second month as a full RPT and the task teams would meet in the month in between.
- Have more updates from organizations around the table. There is a lot going on in the community and it is useful to learn about it and connect different activities.

#### 4. Membership

- a) Lynsey indicated that this would be her last meeting of the RPT as she is leaving Centretown CHC. The RPT thanked her for her many contributions. Holly Brown will be representing Centretown CHC from here on.
- b) James Demer from MAX Ottawa has not been able to attend several RPT meetings
- c) New community member: Alex has given CAT members a heads-up to think about joining the RPT. The budget will allow for one new community member. The new person will be the second person (along with Ollie) to be the RPT/CAT liaison. Jesse and Lynne have been approached by interested community members, but we will hold off until February or March and make decisions as part of the budget/workplanning for next year.

#### 5. Update from CCHC

Holly gave an update on from CCHC.

- a) Waitlist: CCHC is unpausing the waitlist for the clinic. Connect Clinic has announced they cannot accept new clients. Once the e-referral is in place, CCHC will have news on their website about removing the pause.
- b) Capacity Building Pilot: Expanding the number of providers with clinical skills for gender affirmative hormone starts and surgery referrals is going ahead extremely well. Training has been completed and champions have shadowed providers at CCHC. The first cohort of clients will be transferred from CCHC to The Ottawa Hospital in December and two more cohorts soon after that, one to the TOH and one to Bruyère. This will increase capacity in the system and help reduce the waitlist at CCHC.

#### 6. Update from W2A

Alex provided an update from W2A about ongoing progress on the workplan:

- a) CSS quarterly meeting next week,
- b) CAT panel series is proceeding. The November event will be on BIPOC issues and the event for primary care providers is being planned for March, in order to have time to adequately promote it among primary care providers.
- c) This month marks the one year anniversary of the creation of the CAT. The RPT sends their thanks and congratulations!
- d) Website: updating the RPT website continues, and Alex asked newer members to provide information for their profile.
- e) Outreach activities continue, and a written update will be circulated.

## 7. Workplanning

At the last meeting, the RPT agreed to consider a more robust workplanning process this year. The RPT approved three prongs to this more expansive approach, as presented by Alex:

- Blended meeting between RPT and CAT
- Engage with the CSS
- Huddles and 1:1s with key folks, such as indigenous providers, primary care providers and others.

Alex will do a short document on what is involved in the 1:1s and huddles.

## 8. Announcements

- a) MOH is changing the compensation for virtual care, which will have a dramatic effect on trans+ patients. Holly will circulate a template from Connect Clinic for those who wish to voice their concerns to the provincial government.
- b) Jesse invited anyone to contact them who is interested in working on updating Ontario provincial standards to match current WPATH recommendations.
- c) SAEFTY is providing care packages to teens, so anyone who knows someone who might want one should contact Ollie.
- d) Transgender Day of Remembrance 6:30 at the Human Rights monument.
- e) Gender Affirming Advisory Committee Act is at Queens Park, and people may wish to reach out to their MPP and to Ministers to encourage them to pass this bill.

## 9. Next Meeting

The RPT will not meet in December. The next meeting is January 17<sup>th</sup>.