

Regional Planning Table Minutes

Zoom Meeting, October 18, 2022



1. Participation at the Meeting

Present:

Jesse Bosse, community member
Karen Luyendyk, community member
Jonathan Schmidt, Family Services Ottawa
Stephanie Hemmerick, Seaway Valley Community Health Centre
Larissa Silver, Youth Services Bureau
Arlyn Belizaire, Ontario Health East
Alex Tesolin, Wisdom2Action
Lynne Tyler, Catalyst Research and Communications, facilitator

Regrets/Did not attend: Noah Parchment, community member; Sarah King, community member; Oliver Thorne, community member; Asha-Maria Bost, community member; James Demers, MAX Ottawa; Lynsey James, Centretown Community Health Centre; Stephanie Carter, CHEO

1. Welcome and Acknowledgement of Algonquin Territory

The RPT acknowledged that we were meeting (online) on the unceded territory of the Algonquin nation, and we reminded ourselves that many of us are guests here and to act, as much as possible, in accordance with local protocols.

It was noted that the RPT did not have a quorum present and consequently any decisions would need to be ratified by a sufficient number of absent members by e-mail.

2. Minutes

The minutes of the September meeting of the RPT were adopted as circulated.

3. Membership

The RPT reviewed the selection grid for service provider members, and concluded that who we might seek as new members depends very much on our priorities in the coming year or two, so we will wait until we have our workplan for next year. At the same time, we do not want to wait too long to extend and deepen our connections in the community, including to help inform our workplan. Some of the communities we want to engage are part of the CSS. Karen has reached out to some primary care contacts. We can also ask the CAT about service provider gaps.

It was agreed we would focus on recruiting community members, and start with asking CAT members if any are interested in joining the RPT. They would go through the interview process as usual, just so they understand what is involved. It was further agreed that if multiple CAT members are interested, this would include consideration of budget resources available or additional funds that can be found.

Given the lack of quorum, and especially among community members, it was felt it would be useful to have a check-in at the next meeting to see how people are feeling about their involvement in the RPT.

We will do a more expansive workplanning process to engage these various contacts, including the CAT, the CSS, primary care contacts, and others. This will be discussed further at our next meeting.

4. Possible Transition Surgical Program at TOH

Karen shared some information on behalf of Dr. Ryan Fitzpatrick who is working to establish a surgical transition program at The Ottawa Hospital. TOH was unable to allocate the resources for such a program, so Ryan is practicing in Toronto. A former RPT member that Karen was in touch with suggested starting with a clinic that does surgical follow-up and then gradually increasing the scope of work in a stepwise manner. This approach was used successfully at Women's College Hospital.

5. Update from W2A

Alex provided an update on the many ongoing activities of W2A to implement the RPT pworkplan, including:

- a) CAT: the first panel is planned for the end of November and others will follow. Information will be circulated to RPT members, who are asked to share it widely. Also the patient advocacy kit is in its final stages. A couple of CAT members showed interest in engaging with the Guiding Council on Mental Health consultations referred to in the previous RPT meeting.
- b) Long-Term Care: outreach is going slowly, as this sector is already overburdened with significant changes coming out of the pandemic. The Centre for Learning, Research and Innovation in Long Term Care is proving to be quite helpful.
- c) Working OHTs: some challenges here as there are many OHTs to connect with and each has a different structure and approach. Arlyn may be able to help make connections.
- d) Community feedback video: Centretown CHC will put it on their Youtube channel and the RPT site will link to it. It will have subtitles in French.
- e) Some of the resources on the website are being updated, e.g. related to Connect Counselling.

6. CCHC Request

Centretown CHC requested the support of the RPT in a funding application they are submitting. It was agreed to support the application of the Centretown CHC to seek additional funding for the Trans Health Capacity Building pilot project. CCHC will contact individual organizations to get letters of support.

7. Ratification of Decisions

Lynne contacted absent RPT members by e-mail after the meeting, and the following decisions were ratified:

1. To invite interested CAT members to join the RPT. (If multiple CAT members are interested, this would include consideration of budget resources available or additional funds that can be found.)
2. To support the application of the Centretown CHC to seek additional funding for the Trans Health Capacity Building pilot project. CCHC will contact individual organizations to get letters of support.