

Regional Planning Table Minutes

Zoom Meeting, September 20, 2022



1. Participation at the Meeting

Present:

Jesse Bosse, community member
Noah Parchment, community member
Oliver Thorne, community member
Asha-Maria Bost, community member
Sarah King, community member
Karen Luyendyk, community member
Lynsey James, Centretown Community Health Centre
Jonathan Schmidt, Family Services Ottawa
Stephanie Hemmerick, Seaway Valley Community Health Centre
Stephanie Carter, CHEO
Larissa Silver, Youth Services Bureau
Irena Druce, The Ottawa Hospital
Jeanne Thomas, Ontario Health East
Fae Johnstone, Wisdom2Action (for initial part of meeting)
Alex Tesolin, Wisdom2Action
Lynne Tyler, Catalyst Research and Communications, facilitator

Regrets/Did not attend: James Demers, MAX Ottawa.

Sabbatical: Leyla Shahid, community member.

1. Welcome and Acknowledgement of Algonquin Territory

The RPT acknowledged that we were meeting (online) on the unceded territory of the Algonquin nation, and we reminded ourselves that many of us are guests here and to act, as much as possible, in accordance with local protocols.

2. Minutes

The minutes of the June meeting of the RPT were adopted as circulated.

3. Membership

Irena Druce and Annie Chen have resigned from the RPT. There was discussion that it would be helpful to have an endocrinologist or primary care practitioner such as a Nurse Practitioner, and that this might be an opportunity to have someone from a rural area. We have adopted a process and grid for selecting

service provider members and it was decided to continue this discussion at the next meeting based on the grid. It was pointed out that the CAT members are already up to speed on the mandate of the RPT and someone may want to move onto the RPT rather than have a full-scale recruitment process for one seat.

4. Update from CCHC Trans Health Capacity Building Project

Lynsey shared an update on the work underway. Bruyère and TOH have both agreed to have clinics, which will provide great access to major training grounds for family physicians and primary care practitioners. The e-consult element of the project is on hold for now. There is an e-consultation service available on the provincial platform. Two presentations have been made in rural areas, and that aspect will be on hold for the time being.

5. Update from Wisdom2Action

Alex provided an update on the implementation of the workplan priorities:

- The focus continues to be on outreach to mental health and social service organizations, and particularly rural communities, francophone services and Indigenous organizations. Some rural groups have reached out to CCHC and a Lanark group is interested in becoming a hub. Lack of training in French is a challenge, and Jesse provided a link to an organization working in Québec that may be of assistance. Minwaashin Lodge is holding a learning event and Wabano is already doing some trans health in their clinic and want to scale this up. Connecting with Long Term Care facilities is going slowly, as they are all very stretched right now. Oliver met with Le Cap and had a good conversation about basic steps they can take.
- Work is mostly completed on the trans health module, and it needs to be vetted. Have reached out to CBRC and Asha will assist and try to move it along.
- Second quarterly meeting of CSS took place, and the next will be on November 24th. There will be some outreach to grow the number of participants.
- The CAT met over the summer and is focused mostly on developing a patient advocacy toolkit which is growing to be quite a large collection of tools, and is planning to have a draft by mid-October. The CAT is planning a panel discussion, probably in late November.

6. Invitation from Guiding Council on Mental Health

The Guiding Council on Mental Health and Addictions has been tasked with developing the concept for an enhanced or new Mental Health and Addiction crisis response system, and is currently consulting with community members. They have reached out to the RPT to contribute views from the trans, intersex and gender diverse community. The RPT was concerned about police involvement on the Guiding Council, and declined to participate in the consultations. It was agreed that CAT members be contacted to see if any of them wished to participate as individuals.

7. Request from Psychologist Catherine Horvath

Psychologist Catherine Horvath of the Ottawa Centre for Resilience has asked to meet with the RPT. In discussion it was agreed that it made more sense to invite her to the next CSS, and Alex will reach out.

8. Meeting Schedule

The RPT confirmed that we will continue to meet on the third Tuesday of the month and will continue to meet online.