

RPT Feb 18th Minutes

Regrets: Angela, Stephanie, Genevieve

In attendance: Astrid, Aysa, Erik, Holly, Jesse, Ryan, Ollie, Karen, Jonathan, Blue, Laura

- **Announcement:** Jacob's departure and Laura's introduction
 - We announced Jacob's departure from their role as systems planner with Wisdom2Action. Laura Weir was introduced as the new systems planner, and the group welcomed her.
- **Discussion:** Gender-affirming care pilot program and framework and the newly created community of practice.
 - Overview of the pilot program: The gender-affirming care pilot program was established at Centretown Community Health Centre in 2016 to provide healthcare for trans and gender-diverse individuals over 17. The program has been successful and demonstrated tangible results, including building capacity of other organizations.
 - We discussed several opportunities to continue the spirit of the program:
 - Exploring how the newly formed gender-affirming care community of practice can continue parts of the training framework from the pilot.
 - Exploring ways to expand the training opportunities beyond a single clinic, such as having providers from multiple organizations participate.
 - Finding funding for a referral clerk to help manage the increased volume of referrals and clients.
- **Activity:** We brainstormed ideas for a proposal for the [Gynecology Research and Obstetrics & Women's Health \(GROW Grant\)](#). Genevieve has agreed to consider our ideas and write the grant. The full list of brainstormed ideas can be viewed [here](#). The top 4 ideas were:
 - Investigate the effectiveness of adding testosterone gel for bottom growth in addition to HRT.
 - Research the existence and experiences of trans femme periods, as there is a lack of understanding and acknowledgement around this topic.
 - Use chart review to identify patients who had vaginoplasty and examine sexual health complications, comparing those in the first year post-surgery to those 5+ years out.
 - Use chart review to look at hormonal changes for older trans individuals who have been on hormones for a long time, as current guidelines do not address how hormone needs may change as the body ages.
- **Discussion:** Process of Members Joining the RPT
 - We had a discussion about new members joining. There was agreement to continue this discussion at the next meeting, with the goal of finalizing a shortlist of potential new members to invite. The group also agreed to set a deadline - the meeting after the next one - to make final decisions on new organizational members to join the RPT.

- **Discussion:** Finishing the terms of reference
 - Laura mentioned that she had spent time reviewing the current terms of reference and comparing them to previous versions, annotating any changes that had been made.
 - The group agreed that Laura would send out the annotated terms of reference to the full group by the end of the week so that everyone could review the changes prior to the next meeting. The plan is to have a more in-depth discussion and finalize the updated terms of reference at the next RPT meeting.
- **Announcement:** Reminder to submit hours
 - Members were reminded to submit their hours if they had not done so.
- **Discussion:** “In Camera” RPT Contracted Services

Current org. Members:

Angela - CHEO

Erik - TOH

Holly - Centretown

Stephanie - Seaway Valley

Jonathan - FSO

Potential new members mentioned (up to 5 open seats)

- Youth Services Bureau
- Max Ottawa
- Krista from Almonte
- Planned Parenthood
- Montfort
- Wabano
- Ontario Health East
- Pinecrest Queensway Community Health Centre (PQCHC)
- Ottawa Trans Library
- Ontario Health Team - Archipel
- Ontario Health Team Four Rivers
- Micah from Somerset West Community Health Centre