

## RPT June 18th, 2024 Minutes:

- **Activity - Team Charter Exercise:** We completed the Team Charter exercise we began in April. This month's conversation focused on the final parts of the team charter:
  - Strengths & Assets: What is giving the RPT forward momentum?
    - Our unique skills/expertise: Knowledge of resources, creativity, systems level view, broad range of experience/expertise
    - Our collaborative resources: Teams, google drive, Canva, emails, honorariums
    - Past successes: Using the website as a hub, patient toolkit, engagement and relationship building with system
    - Internal processes: Meeting minutes, quorum
  - Weaknesses & Risks: What are things that will hold the RPT back?
    - Skill gaps: Lack of francophone, Indigenous and teen housing organizations,
    - Outside risks: Membership changing, funding precarity, burnout, being targetted by bad people
- **Activity - Reflection Session:** We reflected on the journey, acknowledged challenges and celebrated successes in the past year of the RPT. The responses shared had the following themes:
  - Meaningful experiences: Key highlights include the successful launch of initiatives like the website and patient toolkit, as well as our strengthened ability to engage with system level discussions effectively.
  - Challenges faced: Navigating the complexities of healthcare advocacy, integrating diverse perspectives within our group, and managing limited resources.
  - Hopes for the future: We aim to build more robust partnerships with various stakeholders and enhance our advocacy strategies to support our community more effectively. Additionally, we plan to implement support systems that prioritize the well-being of our members to sustain our advocacy efforts.
- **Discussion:** What are our collective hopes and fears for new members joining the group?
  - Hope: That new members get a fulsome **onboarding**, to foster shared understanding and long-term commitment
  - Hope: That new members feel empowered to participate, feel that their voice matters, and that they are included from the start
  - Fear: That the current state of the system will defeat/demoralize them. This is hard work, you may be disappointed, we want people to take care of themselves first
  - Fear: New members don't feel comfortable in their knowledge. We want people to participate using their current knowledge. You don't have to be perfect when you contribute to this conversation.
  - Fear: Informal relationships will suffer with a virtual format.

- **Update and announcements:**

- Summer break: The next RPT meeting will be Sept 17th, 6-8
- Introduction to new folks: Dr. Dennis Stuebing and Jacob Barry (W2A)
- Farewell to Sue and Kathryn.
- Brief introduction about an opportunity for free, virtual training for Oncology Genetics Counselors to be inclusive and gender affirming.
- Introduction to Trans Health navigation staff with Planned Parenthood Ottawa: Steph (They/Them)
- Formalizing that quorum will be met by the following standards: 40% of each currently filled member type; organizational members and community members