# Regional Planning Table Minutes

Zoom Meeting, March 19, 2024



## **Participation at the Meeting**

#### Present:

Ryan Lamb, community member
Oliver Thorne, community member
Karen Luyendyk, community member
Astrid Fournier, community member
Jonathan Schmidt, Family Services Ottawa
Rebecca Fromowitz, Family Services Ottawa
Kathryn Owens, Youth Services Bureau;
Stephanie Carter, CHEO
Holly Brown, Centretown Community Health Centre
Alex Tesolin, Wisdom2Action
Fae Johnstone, Wisdom2Action (for part of the meeting)
Lynne Tyler, Catalyst Research and Communications, facilitator

**Regrets/Did not attend**: Sue Merrill, community member; Noah Parchment, community member; Jesse Pyne, community member; Aysa, community member;;

**On leave:** Hannah Hodson, community member; Asha-Maria Bost, community member; Arlyn Belizaire, Ontario Health East.

## 1. Welcome and Acknowledgement of Algonquin Territory

The members of the RPT live, work and learn on the unceded unsurrendered traditional lands of the Algonquin Anishinaabe and the Haudenosaunee. These lands are now also home to many other First Nations, Inuit, and Métis. With deep gratitude we acknowledge those who have held relationship with these lands since time immemorial. We commit to action by building relationships with Indigenous peoples and these lands which sustain us, working together for change within the health system and health education system(s) towards respecting and celebrating gender diversity.

#### 2. Minutes

The minutes of the February 2024 meeting were adopted as circulated.

## 3. Terms of Reference

Karen will prepare revisions to the Terms of Reference based on the discussion at the February meeting.

## 4. Priorities and Workplan

Alex presented a draft of the 2024-2025 Workplan which include the priorities or Pillars of our work over the next year. There was discussion of each and some suggested minor modifications. Particular attention was paid to addressing disinformation.

Pillar 1:

Pillar 2: CAT

Pillar 3: improve access to services

Pillar 4: Address disinformation

Pillar 5: Maintain relationship with health, community and social service providers

Pillar 6: Collaborate with OHTs

Pillar 7: Provide recommendations to Ontario Health East

## 5. Report Back on Outreach Work

Alex shared her report on outreach work accomplished during 2023-2024 with mental health and social service providers and with OHTs. The report outlines current strengths and challenges in delivering inclusive and gender-affirming care, and the opportunities to support the providers in enhancing care. The results of this report helped shape the workplan in terms of ways that the RPT can help support providers to strengthen their gender-affirming care. Areas of note include French resources, provincial organizations of service providers, gender-based violence services and OHTs.

# 6. Update from Working Group on Anti-Trans "Dog Whistle" Sheet

There has been some concern about the safety of public spaces around working to address disinformation, and so the working group is refocusing the work to take that into account.

## 7. Membership

Alex is continuing to work on reaching out to the service providers identified as possible new members of the RPT: The Ottawa Hospital, Wabano Centre for Aboriginal Health, MAX Ottawa, and the Ottawa Valley Family Health Team.

## 8. Update from W2A

The key matters had already been covered under other agenda items.

# 9. Next steps re: facilitator for RPT

Jonathan reported that a successful candidate has been chosen: Blue. Several members know her and are delighted.

## 10. In Camera Discussion on System Planner Role

(Recorded separately.)

## 11. Honoraria for Community Members

The RPT approved a new honorarium level for community members of \$30/hour, consistent with the practice of other organizations.

## 12. Updates and Announcements

Oliver reported that SAEFTY is updating their resource pages and asked the organizations on the RPT to share any trans specific resources they currently have.