

## RPT Oct 15th Minutes

- **Activity - Integrating Diverse Perspectives:** As a group continued our discussion on how the RPT will integrate diverse perspectives into our conversations.
  - We discussed how diversity can be defined as the group being representative and accountable to the communities they serve, not just about checking demographic boxes.
  - It's the responsibility of all group members, not just marginalized groups, to learn and grow in their ability to represent experiences that aren't their own. This requires reflexivity - looking inward at how one's own experiences shape how one shows up and represents others.
  - We brainstormed ways the RPT can ensure that diverse perspectives are heard and integrated into our conversations:
    - Emphasize the need for a space where everyone feels comfortable sharing their views and perspectives
    - Consider different modes of engagement (e.g. online, in-person) to accommodate diverse needs and preferences
    - Explore a sliding scale for budget allocation to allow for more equitable compensation of community members
    - Review recruitment strategies to reach a more diverse set of participants
  - We also generated ideas about potential challenges or barriers to integrating diverse perspectives into our discussion.
    - Ensuring all voices are heard, not just the most vocal.
    - Neurodivergence that can impact online engagement. The group needs to account for differences in cognitive processing.
    - Creating emotional safety and multiple modes of communication to make everyone feel comfortable participating
    - Engaging with a diverse range of community organizations, not just service providers, to get a fuller understanding of community needs
- **Discussion - Upcoming Workplan Items:** We reviewed the RPT's work plan and discussed the following upcoming work plan items.
  - *Conduct a mini health-systems analysis of the Champlain region to inform the creation of strategic recommendations based on up to date information.*
  - *Develop a community services map to accompany the strategic recommendations. The map will serve as a visual for the 'flow' of services and assist in identifying barriers and opportunities to partnership/collaboration.*
  - *Develop a workplan to accompany the strategic recommendations outlining actions and activities to be engaged in at the macro, meso, micro levels.*
- **Update and announcements:**
  - Capital Pride Conversation Follow Up: We will discuss how the conversation will move forward.

- The group discussed having an optional, opt-in space for those who want to continue the conversation around the Capital Pride statements and the backlash related to the genocide in Palestine. This is an important opportunity to model how these types of political and sensitive discussions can be navigated respectfully, with empathy for differing perspectives. Details will come soon.
- Gender Diversity 101 workshops combined with an overview of CCHC Capacity Building opportunities in Kemptville, QCH and virtually Oct/Nov.
  - Karen shared information about upcoming Gender Diversity 101 workshops being offered in Kemptville, Queensway Carleton Hospital, and virtually in October/November, which will include an overview of capacity building opportunities through CCHC.
- Website Resource: MAX Ottawa - Trans and Gender Diverse Care Cards:
  - The group discussed the resource cards from MAX Ottawa that provide information on sexual health, substance use, and transgender/gender diverse care. As a next step, Blue will reach out via email to get a quorum decision from the group on whether to proceed further with exploring these cards as a potential resource.