

RPT Agenda

October 21st, 2025, 6-8 pm

<https://us06web.zoom.us/j/89200942068?pwd=EycENusLwloEqfybVCJ6s22NABafR1.1>

Meeting ID: 892 0094 2068

Passcode: 822865

In Attendance: Holly, Blue, laura, Lisa, Karen, Seb, Erik, Rutendo, Aysa, Astrid, Ollie, Ryan

Regrets: Jesse

Quorum:

1. Welcome, Introductions and Quick Updates (5 minutes)

- Approve Previous Meeting Minutes and Agenda
 - i. September Minutes - **approved**
 - 1. Moved - Ollie
 - 2. Seconded - Holly
 - ii. October agenda - **approved**
 - 1. moved - Karen
 - 2. Seconded - Erik

2. Updates

- **Brief Bridge Report from Community Advisory Table Meeting:** Laura shared updates from the CAT meeting, highlighting issues with post-surgical care for patients returning from GRS Montréal, particularly difficulty finding local providers for drain removal. The CAT also discussed the ongoing importance of paying and supporting peer workers, updates to the research vetting process to include funding transparency and cultural safety considerations, and work underway on strategic policy recommendations for Ontario Health East.
- **Member Resignations:** Blue announced that Stephanie from Seaway Valley CHC and Gen from The Ottawa Hospital have resigned from the RPT due to shifting capacity and priorities. Erik will continue representing TOH. The table will continue to explore a more formal membership continuity process to maintain organizational representation when staffing changes occur.
- **TOH Gender Affirming Surgery Update:** The Ottawa Hospital's Gender-Affirming Surgery Program is progressing, with both steering and program committees now active and including community and Pride PFAC representation. The current focus is on strengthening discharge planning and building a clear referral pathway for providers and patients. The APN (Advanced Practice Nurse) position is awaiting HR approval, and once posted will be circulated to the RPT network.
- **Planned Parenthood Ottawa/Affirm Announcement:** Holly informed the group that Planned Parenthood Ottawa will pause operations effective November 11, 2025, resulting in the loss of the Affirm peer navigation program. This represents a significant gap in trans health navigation and peer support in Ottawa. CCHC is

actively exploring ways to maintain or re-establish navigation supports to mitigate service disruption.

- **Follow-up on Symposium Contributions:** Holly provided an update on planning for the Spring 2025 symposium, noting that follow-up emails have been sent to agency representatives regarding their in-kind or financial contributions. The Royal Hospital has offered its auditorium and meeting rooms free of charge, saving approximately \$12–15K. The group approved proceeding pending confirmation of accessibility features at the venue.
- **CCHC Trans Health Program:** Centretown CHC's Trans Health Program will reopen its waitlists in early November and will keep them open until capacity is reached. Members are encouraged to share this update within their networks to ensure community awareness.
- **GAC Improvements in West of Ottawa:** Karen shared that Nurse Practitioner Krista Kennedy in Almonte is leading new efforts to improve access to gender-affirming care in West Ottawa and surrounding rural areas. Krista is developing mentorship and referral pathways for local clinicians, connecting with the Nurse Practitioner Community of Practice, and drawing on Rainbow Health Ontario training.
- **Research Request:** Laura presented a vetted research request inviting Two-Spirit, trans, and gender-diverse adults with experiences in Ontario's healthcare system to participate in a study. Members were asked to share the opportunity through trusted channels only, avoiding social media to prevent spam or scam interference.

3. **Recommendation Activity for OHE:** The group participated in a collaborative exercise to refine policy recommendations for Ontario Health East across three levels: macro (system-wide change), meso (provider capacity and coordination), and micro (community engagement and front-line improvements). [Activity link](#)